



a community of empowerment and recovery for women

1333 N Street, NW  
Washington, DC 20005

United Way #8281 – CFC #90946

N Street Village is a community of empowerment and recovery for homeless and low-income women in Washington, D.C. With comprehensive services addressing both emergency and long-term needs, N Street Village helps women achieve stability and make meaningful gains in their housing, income, employment, mental health, physical health, and addiction recovery.

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www.nstreetvillage.org | Fall 2021

## Meet Holistic Housing Resident Cynthia Parks

Born and raised in DC, Cynthia was one of 13 siblings growing up. After finishing school, she took a job with a health care provider assisting individuals with mental illness and disabilities. She got married and had two daughters.

Life was normal until one day in 2012 Cynthia was diagnosed with breast cancer. Luckily the doctors caught it early and were able to remove the tumor, but she still had to go through several rounds of chemotherapy and radiation.

Through her recovery, her doctor prescribed medication to manage the pain. By the time her doctor stopped the prescriptions, Cynthia had developed an opioid addiction.

Eventually, Cynthia was struggling to find the pills and was introduced to stronger street drugs. Cynthia's addiction spiraled over the next two years, and she lost contact with much of her family, including her two daughters.

One day, she decided she had to make a change and started looking for help. "I was sick and tired, and I didn't want my family to see me like this anymore. My two beautiful daughters shouldn't see me like this I thought."

Cynthia found the strength to check herself into a 30-day rehab program. From there she was connected to other addiction support facilities and shelters before making her way to the N Street Village Holistic Housing program in 2019.

Cynthia has been a proud Village resident for two years. Despite setbacks due to COVID-19, she found a job working for an organization supporting women and children going through experiences much like her own. "I'm getting a second chance at life where I can give back to the community and tell my story to help others in the same way that I needed help several years ago."

In her time at N Street Village, Cynthia has not only found employment but graduated from Together We Bake's culinary training program, opened her own bank account, and is currently saving money for nursing school.



*"Without my struggles, I would not know where my strength comes from. I chose to get sober for my daughters and because I wanted to see my grandkids grow up. I did it for them, but I know I also had to do it for myself too." – Cynthia Parks*

## Hypothermia Season Alert

As we enter the colder months of the year, keep an eye out for neighbors in need of shelter. If you see someone in need, please call the Shelter Hotline at **202-399-7093**.

**Your call could save a life.**

## Support The Village Through CFC Giving!

YOU CAN BE THE  
**FACE OF CHANGE**



Our annual United Way campaign has begun! One way to participate is through this year's Project Community Connect, United Way's week-long virtual event focused on housing and homelessness from October 18-23. Use the QR code to give directly or share through emails and social media to promote the campaign. Let's go, United Way campaign!

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## A Successful Celebrate Logan at Home



Thank you to the nearly 250 guests who joined us for Celebrate Logan at Home! Thanks to TTR Sotheby's International Realty for making this 10th-anniversary event possible. Together, we raised more than \$150,000 for the women of N Street Village.

Special thanks to our restaurant partners Diane Gross from Cork Wine Bar & Market, Sanjay Mandhaiya from Pappa, Jonathan and Laura Nelms from Supra, Emily Cipes and Pete Sitcov from Compliments Only Subs, and George Sault and Rose Previte from Compass Rose.



### Special Thanks to Our Host Committee and Sponsors:

Courtney Abrams | Ellen Abrams | Lou Cardenas | Heather Corey  
Gabrielle Crowe | Sheri Grant | Shannon Hettinger | Brent Jackson  
Homaira Karimi | Clarence Pineda | Max Rabin  
Joanne Sawczuk | Trish Yan



## The Village Launches a New Grocery Delivery Program



This summer the Village launched a grocery delivery program to meet food insecurity needs for permanent supportive housing residents. With the help of volunteers, including our friends at Bloomberg, Discovery, and our Ambassadors Council, the Village has packed and delivered nearly 17,000 food items for residents.

Looking to support the grocery delivery program? Email Donna-Marie at [dthompson@nstreetvillage.org](mailto:dthompson@nstreetvillage.org) to join an upcoming volunteer shift.



## Join Us for the SHERO Family Walk!



On Saturday, October 16, we are excited to welcome the Village community back for our annual SHERO Walk. While we hope to gather in person, we are mixing up the program to ensure the health and safety of our Village Family.

Here are a few ways you can join the SHERO Squad.

### • CREATE A TEAM

Perfect for companies, places of worship, social clubs, and families. Set a team fundraising goal and invite your community to support you.

### • DONATE

Donate to the Village team and help us take steps toward a more equitable DC for all. Every dollar makes a difference for the women of N Street Village!

### • SPONSOR

The Village stands strong in our commitment to ensure every woman has a safe and dignified place to call home. Your investment helps ensure that the Village can meet the ever-changing needs of the nearly 2,000 women we serve each year.

Create a team and donate at [www.nstreetvillage.org/walk](http://www.nstreetvillage.org/walk). For additional questions, please email Makenzie Delmotte at [mdelmotte@nstreetvillage.org](mailto:mdelmotte@nstreetvillage.org).

## Sign Up for a Holiday In-Kind Drive

Looking to support the community this holiday season? Please consider running an in-kind drive for N Street Village.

This year we are asking our supporters to register their drive before collecting. To find out more about what we are collecting and how to register your holiday drive, please contact Donna-Marie Thompson at [dthompson@nstreetvillage.org](mailto:dthompson@nstreetvillage.org) or visit [www.nstreetvillage.org/events](http://www.nstreetvillage.org/events) for additional details.

N Street Village's holiday in-kind drive season runs from October 1<sup>st</sup> through December 13<sup>th</sup>. We ask that all items be scheduled for delivery by **December 14<sup>th</sup>**.

